



Welcome to Patriot Athletics!

STEP 1: Enroll in our school. You must be a currently enrolled student at Pinecrest High School to participate in school athletics. Attend the enrollment session in the guidance department AND indicate you wish to be a Student Athlete. There are specific academic course requirements that must be in place to participate in school athletics.

STEP 2: Sign Up in PlanetHS/Big Teams. You AND your parent/guardian must create separate accounts at www.planeths.com to complete and sign all of the required paperwork digitally for participation in ANY athletic session (in or out of season). Once the required documents are completed, your account will be flagged for approval by the school PlanetHS administration. After approval, you are eligible to participate. *No paperwork may ever be handed to any coach in hard copy. It must be completed online.*

STEP 3: Get Involved. Pinecrest High School has over 20 different sports teams offered throughout the school year during 3 separate seasons: Fall, winter, and spring.

| FALL | WINTER | SPRING |
|----------------|----------------------|-----------------------|
| Cheerleading | Bowling | Women's Lacrosse |
| Cross Country | Men's Basketball | Softball |
| Football | Women's Basketball | Baseball |
| Men's Soccer | Indoor Track & Field | Women's Soccer |
| Volleyball | Swimming | Outdoor Track & Field |
| Women's Tennis | Wrestling | Men's Lacrosse |
| Women's Golf | | Men's Golf |
| | | Men's Tennis |

STEP 4. Be the best you can be as a Pinecrest Patriot Student Athlete!

Head Coach Directory

FALL

| | | |
|------------------------|-----------------------------|-------------------------|
| Cheerleading: | Nicole Matthews | nmatthews@ncmcs.org |
| Cross Country: | <u>Men:</u> Mike Devine | mdevine@agility-grp.com |
| | <u>Women:</u> John Buchholz | johnfbuchholz@gmail.com |
| Football: | Nick Eddins | neddins@ncmcs.org |
| Men's Soccer: | Jeremy Blake | jblake@ncmcs.org |
| Volleyball: | Brandon Blackburn | bblackburn@ncmcs.org |
| Women's Golf: | Rick Handchen | rhandchen@aol.com |
| Women's Tennis: | Gail Deese | gdeese@ncmcs.org |

WINTER

| | | |
|----------------------------------|-----------------------------|-------------------------|
| Bowling: | Darla Watson | dwatson@ncmcs.org |
| Indoor Track & Field: | <u>Men:</u> Mike Devine | mdevine@agility-grp.com |
| | <u>Women:</u> John Buchholz | johnfbuchholz@gmail.com |
| Men's Basketball: | Kellen Parrish | kparrish@ncmcs.org |
| Swimming: | Ed Hill | e.hill@lpl.com |
| Women's Basketball: | Ronshau Cole | rcole@ncmcs.org |
| Wrestling: | Bob Curtin | rcurtin@ncmcs.org |

SPRING

| | | |
|-----------------------------------|-----------------------------|-----------------------------|
| Baseball: | Jeff Hewitt | jhewitt@ncmcs.org |
| Men's Golf: | Rick Handchen | rhandchen@aol.com |
| Men's Lacrosse: | Brad Thomson | bthomson@ncmcs.org |
| Men's Tennis: | Gail Deese | gdeese@ncmcs.org |
| Outdoor Track & Field: | <u>Men:</u> Mike Devine | mdevine@agility-grp.com |
| | <u>Women:</u> John Buchholz | johnfbuchholz@gmail.com |
| Softball: | Jesse Register | jregister@ncmcs.org |
| Women's Lacrosse: | Steven Olzark | solzark@xfiregroup.com |
| Women's Soccer: | Corey Rice | pinecrestsoccer@outlook.com |